



Swim Shop *Craig and Kirsty Watkins (443 4252*

craig.watkins1@surefish.co.uk)

The Club shop has a small permanent stock of floats, pull buoys and fins along with suits in our Club yellow and black. Hats are always available too.

Old kit such as fins and Club t-shirts can be sold back to the shop for our second-hand resale. We also keep a selection of goggles. We make a small profit on items sold that contributes to our Club funds so please support the Shop. Prompt payment by cheque payable to IASC is appreciated so that we do not have to chase you.. Give cheques to Kirsty/ Craig Watkins, Keith Inglis or one of the coaches please.



Help needed!

New members - Kathy Pitcher on 554 0914

Social Committee - If anyone has any suggestions for fund raising opportunities please speak to either Keith Inglis or David Little. They're always on the look out for new ideas (keith.inglis@selex-sas.com).



Keeping in Touch

Notice Board - at *Leith Victoria pool*

Web-site ..the Club website is at **Swiminverleith.com** (updates to Graeme Pitcher.)

Club e-mail list - To communicate as efficiently as possible we have compiled a Club e-mail list. If any new member hasn't already given us their e-mail address or if you change it please contact Keith Inglis at keith.inglis@selex-sas.com so the list can be kept up to date.



Inverleith ASC Newsletter **May 2010**



Forthcoming events

May

Sunday 16th INTERNAL CUPS (ROUND 2)

Sunday 23rd INTERNAL CUPS (ROUND 3)

June

Saturday 5th BAG PACKING

Sunday 6th HUNTLY AND ANDERSON CUPS

Saturday 12th INTERMEDIATE LEAGUESPRESTONPANS (Time Banded) - If

you are selected, please make every effort to come along and swim for our Club teams

Sunday 13th INTERNAL CUPS (ROUND 4)

Saturday 19th 2010 SPONSORED WALK

Sunday 20th HEART OF MIDLOTHIAN NOVICE MEET (Leith Academy) - emails have been sent out already

Later in the year

Sunday 5th Sept HUNTLY AND ANDERSON CUPS

Sunday 28th Nov HUNTLY AND ANDERSON CUPS

Saturday 18th Dec CLUB CHAMPIONSHIPS

Internal Cups

Full details of the events in each round of the Internal Cups will be available on the Club noticeboard at Leith Victoria.

Huntly & Anderson Cups

For those who are new to the club these cups are swum for every three months in an internal competition. If you are still on trial please come along and take part on a time only basis. Full details will be given nearer the time.

Anderson Cup

For Prep group swimmers only, who swim one length of each stroke. The time for each length is totalled and the swimmer with the fastest overall time wins.

Huntley Cup

For swimmers who are under 12 on the day (not open to Prep Group). Each swimmer does two lengths of each stroke. The winner is the swimmer who shows the most improvement in a time compared to the previous Huntley Cup.

Kathy Pitcher



Newcastleton 2010

Camp went well this year and we, once again, had a super group of swimmers and great adults!! There weren't quite as many swim sessions as in the past because of other activities but this seemed to work well as very few were out of the pool for any length of time which is unusual. Some of the adults even went climbing and on the high ropes!! It was scary!! Can't let the swimmers out do us! We tried a new activity this year called Water Walkerz which is like a giant hamster ball with a swimmer inside trying to keep their feet. Very amusing and seemed to be enjoyed by all.

A very big thank you to Hilary Dean, Cath Fleming (Portobello), Keith Inglis, David Little, Elyse Sayle & Tom Watson for all their hard work throughout the week and Cameron Watson for coming down on the Thursday with supplies.

Many thanks for all the home baking which went down very well. We all ate well and seemed to enjoy what was on offer.

Deposit paid for next year! Dates are 11TH – 15TH April, 2011, put it in your diary.

Fiona Anderson



Social & Fund Raising Committee

The Club has managed to secure a bag packing slot at ASDA (LEITH), 2 Sandpiper Drive, (near to Ocean Terminal), on Saturday 5th June from 11am till 5pm.

These allocations from the major supermarkets are becoming harder to obtain since many other groups, such as cubs, scouts, football clubs etc are all vying for them. These days bag-packs are more lucrative than traditional fund raising activities such as jumble sales and as a result the supermarkets only dish out a certain number of slots each year.

It is our intention as a club to try and obtain two bag packing slots each year.

Our experiences over the past couple of years holding similar events indicate that we should be able to raise between £600 and £800 for Club funds so they're well worth supporting. These opportunities are our primary means of keeping fees down and remember that *everyone* benefits from these activities so as large a turnout as possible would be appreciated.

I understand that most of the kids are involved in other pursuits such as rugby, football, hockey and the like for their schools on Saturdays but if everyone could fit in a couple of hours at sometime during the day then we should easily be able to cover the whole day. Club colours should be worn if you have them. In particular the yellow IASC tracksuits stand out well. Parents will also be welcome since we are required to have supervisory adults in attendance.

Please advise me by e-mail if you will be able to attend and your preferred time. I will

put up a sheet on the Club notice board at Victoria to which you can add your names.

Since it can be difficult to predict what will be happening four weeks from now and therefore to commit to a slot at the moment please don't be put off from adding your name. If you are up for helping but don't know which slot to volunteer for can I ask you just to put your name down anyway and we can juggle the time slots around nearer the time. This usually happens anyway. Alternatively speak to either myself or Davie Little at training.

If anyone has any questions please don't hesitate to contact me. Thanks in advance

Keith Inglis

IASC Social and Fundraising Committee



Child Protection

Just a reminder from previous newsletters that 26th May has now been finalised for child protection training for coaches and other pondside helpers.

Kathy Pitcher



Management Committee Vacancy

A vacancy has arisen on the Management Committee. Initially the position is from now until the Annual General Meeting in November. If anyone is interested in finding out more please speak to me. The dates of the next 2 meetings are Wed 19th May and Wed 23rd June at Wardie Parish Church.

Kathy Pitcher



Competition Results

Competition results will appear in the June newsletter